

COMMUNITY GARDENS

Community Gardens create community and neighborhood capital. A community garden is a public space that can be a cross section between public and private entities open to all, or for identified users. These spaces offer opportunities for families to grow their own food leading to financial stability and healthy, fresh food options. Gardening has been shown to reduce stress and promote additional exercise through leisure activity.

Community gardens can be created in a vast amount of spaces and environments: rural and urban settings, vacant lots, pocket parks, and local business plots

Public Input Sessions:

- DBQ: Eagle Point Park- raised bed pop-ups at vacant city lots
- Northend: Access to foods- specific to cultural ex. Access to food for Marshallese
- Flora park near Irving School: Oms and Irving school can use garden for education and supplement vegetables for lunch: ex. Harvest lettuce for ham sandwich
- In Key West: Key West needs a community garden and place to gather for fresh foods
- Dubuque is supportive community, but need to help inform on how to get land to garden and produce food

Economy: catalyst for neighborhood development and beautification (**Long, Agricultural Urbanism Toolkit 18**)

SQUARE FOOTAGE (~ 1 ACRE TOTAL)

2010: 44,362 sq ft

2011: 49,008 sq ft

OF COMMUNITY GARDENS (2014)

INDIVIDUAL PLOTS MANAGED:

2011- 6

2012- 13

2014- 57

1. DUBUQUE JAYCEES COMMUNITY GARDENS

- Veterans Memorial Park, 2700 Northview Dr.
- Scott Breitfelder (563-583-5555)
- **Sponsored by** Dubuque Jaycees

Includes:

- Water supply
- Surrounded by a deer fence
- 8 in-ground beds
- 6 raised garden beds
- 2 waist-high beds for gardeners with limited mobility

Eligibility and price:

- Anyone is eligible
- Income-based fee waivers available
 - \$30 for in-ground and raised beds
- \$40 for waist-high beds
- \$25 refundable deposit is required (returned if plot is cleared after harvest)
- Deadline to reserve a plot is May 1st

3. FOUR MOUNDS COMMUNITY GARDEN

- **4392 Peru Rd**
- **Chris Olson**
- Sponsored by Four Mounds

Includes:

- In-ground plots available for annual rental
- Large plots available for special rates
- Limited water
- No supplied fencing

Eligibility and price:

- Anyone eligible
- \$25 deposit for all sizes
- \$30 for 15 x 15 ft. plot
- **\$40 for 15 x 30 ft. plot**
- **\$1 per every 10 sq. ft. larger than 500 sq. ft.**

4. DR. VINER GARDEN (CRESCENT COMMUNITY HEALTH CENTER)

- **Sponsored by** Crescent Community Health Center
- 21st Street between Elm and Kneist Streets
- Kathy Eldridge-Hutton

Eligibility and price:

- Crescent patients take priority, but open to anyone
- Free plots

5. WASHINGTON NEIGHBORHOOD COMMUNITY GARDENS

- **Sponsored by** Washington Neighborhood Development Corporation
- **18th & Washington St**
- **Megan Starr**

Eligibility and price:

- **Open to resident of the Washington Neighborhood**
 - **Between 11th and 22nd streets and Central Ave. and Elm St.**
- **Free plots**

6. FIRESHOUSE GARDENS

7. DEM GREENS

Education: have been shown to offer inter-generational and cross-cultural learning opportunities

DUBUQUE COMMUNITY GARDEN COALITION:
(DUBUQUE COMMUNITY GARDEN COALITION)

MASTER GARDENERS: (Scherf), (Iowa State University Extension and Outreach)

Total # Master Gardeners: 121

Total active in 2014: 88

Total active in last 3 years: 104

Volunteer hours 2014: 4,376

Estimated # People reached: 11,388

RANKED 3RD OUT OF ALL IOWA COUNTIES IN VOLUNTEER HOURS

4206.55 hours in 2012 (Iowa State University Extension and Outreach)

Class times:

TUESDAY CLASSES 6-9:30 PM AT DUBUQUE COUNTY EXTENSION 14585 WEST RIDGE LN., DUBUQUE
SATURDAY CLASS 8:30AM-5:45PM

2015 Class schedule:

DATE	TOPIC	PRESENTER(S)
Tuesday, September 22	Orientation	Laura Klavitter
Tuesday, September 29	Soils and Botany	Lee Burras Denny Schrock
Thursday, October 1	Vegetables	Ashley Neises/Laura Klavitter
Tuesday, October 6	Plant Pathology and Entomology	Donald Lewis Lina Rodriguez-Salamanca
Thursday, October 8	Herbaceous Ornamentals	Richard Jauron
Saturday, October 10	Class on Campus at Iowa State University	Numerous
Tuesday, October 13	Landscape Trees & Shrubs	Jeff Iles
Tuesday, October 20	Sustainable Home Landscape Design	Lisa Orgler
Tuesday, October 27	Fruit Culture	Diana Cochran
Tuesday, November 3	Turfgrass Management	Ryan Adams
Tuesday, November 10	Weeds, IPM and Pesticides	Kristine Schaefer Laura Jesse
Thursday, November 12	House Plants & Propagation	TBD
Tuesday, November 17	Animal Ecology	Mike Rentz

Equity: neighborhood and community gardens have shown opportunities for self-reliance, access to more nutritious foods thus creating lower food budget costs

Health: promotes social interactions with neighbors and allow for better self-reliance for food

DUBUQUE COUNTY COMMUNITY HEALTH IMPROVEMENT PLAN PROMOTE HEALTHY BEHAVIORS:
(DUBUQUE COUNTY HEALTH), (IOWA DEPARTMENT OF PUBLIC HEALTH)

BY 2016 THE OBESITY RATE IN DUBUQUE COUNTY WILL DECREASE FROM 28% TO 24%.

27% of the county is obese

80% do not eat adequate fruits/vegetables

19% of county residents do not exercise

Need for increased education on healthy lifestyle behaviors (including regular exercise and healthy diet/nutrition habits) among young children

Natural Systems: promotes additional recreation opportunities, green space improvement and can minimize heat island effect

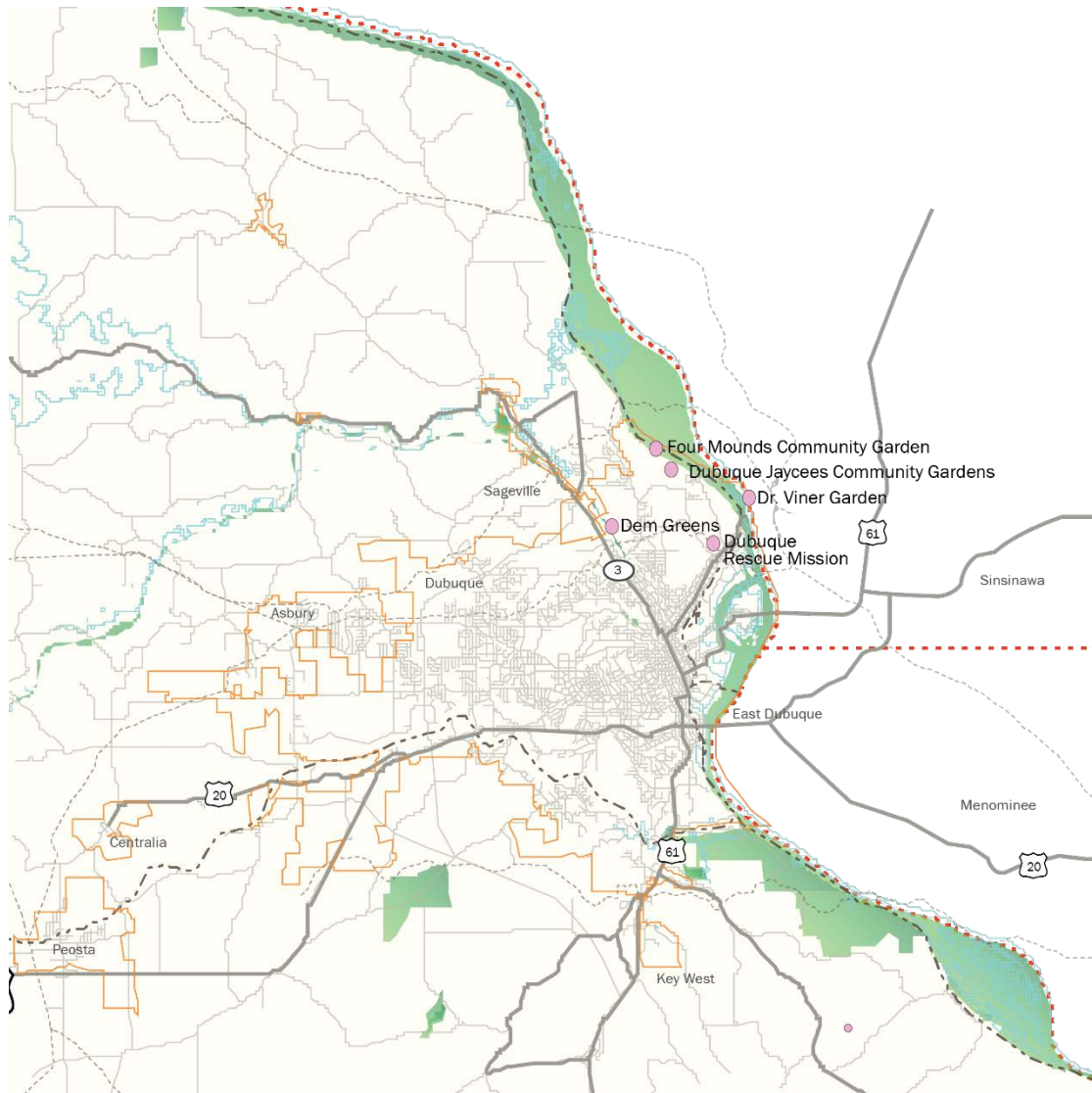


Figure 1: Community Gardens